

CURRY BEEF / VENISON / LAMB

SLOW COOK 4 TO 4.5 Hrs

- 1 kg Meat cut into small chunks
- 2 medium onions chopped
- 1 can tomatoes (400g)
- 1 beef cube or 1 teaspoon beef gravy.
- 4 teaspoons crushed garlic
- 2 teaspoons crushed ginger
- 2 teaspoons of curry powder or 200gr curry paste
- 1 - 2teaspoon cumin
- 1 cup raisins or sultanas

OPTIONAL(s)

- 1 cup chopped mushrooms
- 1 cup chopped celery
- 1 chopped potato
- 1 chopped carrot
- 1 chopped capsicum

Serve with boiled rice or mashed potato